MemorialCare Select Health Plan systematically reviews and adopts evidence-based clinical practice and preventive health guidelines developed and published by peer-reviewed sources as well as organizations such as the Centers for Disease Prevention and Control and the U.S. Preventive Services Task Force. Guidelines are regularly reviewed by MemorialCare Select Health Plan Quality Council. A list of current Clinical Practice and Preventive Health Guidelines adopted by MemorialCare Select Health Plan is also available for download at <http://www.MCSHP.org/> .

**Preventative Health Guidelines**

| Age Group | Preventive Health Guidelines |
| --- | --- |
| *0-18 YEARS* | Recommended Child and Adolescent Immunization Schedule for ages 18 years or younger. United States - CDC (2022).  <https://www.cdc.gov/vaccines/schedules/downloads/child/0-18yrs-child-combined-schedule.pdf>  Recommendations for Preventive Pediatric Health Care. Bright Futures /American Academy of Pediatrics (AAP) (2021)  <https://downloads.aap.org/AAP/PDF/periodicity_schedule.pdf>  American Academy of Pediatric Dentistry. Guideline on Periodicity of Examination, Preventive Dental Services, Anticipatory Guidance/Counseling, and Oral Treatment of Infants, Children, and Adolescents (2018)  <https://www.aapd.org/globalassets/media/policies_guidelines/bp_periodicity.pdf> |
| *19 AND OLDER* | U.S. Preventive Services Task Force (USPSTF) Grade A and B Recommendations. <https://www.uspreventiveservicestaskforce.org/Page/Name/uspstf-a-and-b-recommendations/>  Recommended Immunization Schedule for Adults Aged 19 Years or Older, United States, 2022. CDC (2022).  <https://www.cdc.gov/vaccines/schedules/downloads/adult/adult-combined-schedule.pdf>  American Cancer Society Recommendations for the Early Detection of Breast Cancer (2022). <https://www.cancer.org/cancer/breast-cancer/screening-tests-and-early-detection/american-cancer-society-recommendations-for-the-early-detection-of-breast-cancer.html> |

**California Mental Parity Act (SB855)**

| Age Group | Guidelines |
| --- | --- |
| *Ages 0–5*  *Mental Health Disorders* | American Academy of Child & Adolescent Psychiatry  [Early Childhood Service Intensity Instrument (ECSII)](https://urldefense.com/v3/__https:/www.aacap.org/AACAP/Member_Resources/Practice_Information/ECSII.aspx__;!!D2q0VO-jSYZd!cMwBIsVZVxxmZdr3eCGB86B-7sH751MXtE5JleGqRofLhuBqtDf6rsGuhV9RIgT8f7RQYKtWMev-1pKEP3ylrKFa0Q$) |
| *Ages 6–18*  *Mental Health Disorders* | American Academy of Child & Adolescent Psychiatry [Psychiatry Child and Adolescent Level of Care Utilization System](https://urldefense.com/v3/__https:/www.aacap.org/AACAP/Member_Resources/Practice_Information/CALOCUS_CASII.aspx__;!!D2q0VO-jSYZd!cMwBIsVZVxxmZdr3eCGB86B-7sH751MXtE5JleGqRofLhuBqtDf6rsGuhV9RIgT8f7RQYKtWMev-1pKEP3xo_P2YBA$) |
| *Ages 19 and above*  *Mental Health Disorders* | American Association of Community Psychiatrists [Level of Care Utilization System](https://urldefense.com/v3/__https:/www.communitypsychiatry.org/resources/locus__;!!D2q0VO-jSYZd!cMwBIsVZVxxmZdr3eCGB86B-7sH751MXtE5JleGqRofLhuBqtDf6rsGuhV9RIgT8f7RQYKtWMev-1pKEP3weo9FDDw$) |
| *Gender Dysphoria* | World Professional Association for Transgender Health  [Standards of Care](https://urldefense.com/v3/__https:/wpath.org/publications/soc__;!!D2q0VO-jSYZd!cMwBIsVZVxxmZdr3eCGB86B-7sH751MXtE5JleGqRofLhuBqtDf6rsGuhV9RIgT8f7RQYKtWMev-1pKEP3xtNtlDUA$)  Standards of Care for the Health of Transsexual, Transgender, and Gender-Nonconforming People, World Professional Association for Transgender Health, 7th Version (2011).  <https://www.wpath.org/media/cms/Documents/SOC%20v7/SOC%20V7_English.pdf> |
| *Substance Use Disorder* | American Society of Addiction Medicine (ASAM) [ASAM Criteria](https://urldefense.com/v3/__https:/www.asam.org/asam-criteria/about-the-asam-criteria__;!!D2q0VO-jSYZd!cMwBIsVZVxxmZdr3eCGB86B-7sH751MXtE5JleGqRofLhuBqtDf6rsGuhV9RIgT8f7RQYKtWMev-1pKEP3wLuTUHVw$)  The National Practice Guideline for the Use of Medications in the Treatment of Addiction Involving Opioid Use. American Society of Addiction Medicine (2015).  <https://www.asam.org/docs/default-source/practice-support/guidelines-and-consensus-docs/asam-national-practice-guideline-supplement.pdf>  Screening and Behavioral Counseling Interventions in Primary Care to Reduce Alcohol Misuse. U.S. Preventive Services Task Force (2013).  <https://www.integration.samhsa.gov/sbirt/USPSTF_Screening_forAlcohol_5_13_13_0000605-201308060-00652.pdf> |

**Guidelines by Topics**

| Topics | Clinical Practice Guidelines |
| --- | --- |
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| ***General Clinical Resources*** |
| [www.cdc.gov](http://www.cdc.gov)  [www.nih.gov](http://www.nih.gov)  [www.ahrq.gov](http://www.ahrq.gov) |

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